

# Naan Bread with Accompaniments:

Pesto & Feta Cheese | Roasted Vegetables & Harissa Sauce

## Naan Bread Dough

#### Ingredients:

Yeast  $\frac{1}{2}$  tsp Flour  $\frac{31}{2}$  - 4 C Sugar 1 tsp Salt 1 tsp Warm Milk  $\frac{11}{2}$  C Butter, melted 4 - 5 Tbsp.



#### Procedure:

- 1. Add yeast and sugar to warm milk. Let mixture sit for 3-5 minutes. Add in 3 ½ cups flour and mix using hands or a mixer with a dough hook. Sprinkle in more flour as needed to keep it from sticking to sides. Dough will become smooth and elastic. Using a mixer will take approximately 3 5 minutes. Hand mixing will take 8 10 minutes.
- 2. Let dough rise, covered, for 2 hours or until dough has doubled in size. Divide dough into 12 equal pieces and make each one into a smooth ball. Covered dough balls with plastic wrap or a clean dish towel and let rest for 30 minutes.
- 3. Place naan stone or baking sheet in oven and preheat oven to 500°F, then roll out dough balls to desired thickness (about the size of a small tortilla) and cook dough on stone for 2 4 minutes.
- 4. Stack cooked naan on top of each other and brush each side with butter.

### Pesto Sauce

#### Ingredients:

Fresh Basil, roughly chopped 6 oz. Pine Nuts, lightly toasted 2 oz. Extra Virgin Olive Oil  $^{3}$ /4 C Kosher Salt  $^{1}$ /4 tsp. Garlic Cloves, peeled 2 oz. Black Pepper  $^{1}$ /4 tsp.



#### Procedure:

Place all ingredients into a food processor and blend until all ingredients are smooth.

# Roasted Vegetables & Harissa Sauce

#### Ingredients:

Red Sweet Onion	2 large	Harissa	3 oz.
Zucchini	3 medium	Kosher Salt	1 tsp.
Yellow Squash	3 medium	Black Pepper	1 tsp.
Sweet Bell Peppers		Garlic	1 tsp.
Red, Yellow and Green	6 medium	Onion Powder	1 tsp.
Eggplant	3 medium	Curry Powder	1 tsp.
Red Wine Vinegar	2 oz.	Chopped Parsley	2 Tbsp.
Olive Oil	4 oz.		



#### Procedure:

- 1. Cut all vegetables in to large julienne pieces.
- 2. Combine wine vinegar with dry seasonings and slowly add olive oil and 2 oz. of harissa. Separate the dressing into two batches.
- 3. In a large bowl, coat all the vegetables with one batch of dressing and drain excess.
- 4. Grill vegetables on a perforated pan, turning 2-3 times every 3 minutes to caramelize and brown all sides. Vegetables should be al dente.
- 5. If no grill is available, vegetables can be roasted in a 350°F convection oven for 20-25 minutes to achieve a similar result.
- 6. Toss grilled vegetables in the remaining dressing and the harissa.





# Naan Bread with Accompaniments:

Green Curry Sauce | Hummus

### Hummus

#### Ingredients:

Garlic 1 head Extra Virgin Olive Oil 3 Tbsp. + 1 tsp. Onion, thinly sliced 1 (large)

Chickpeas,

drained and rinsed 1, 14-oz., can

Tahini 1/2 C Fresh Lemon Juice 2 Tbsp. Salt 3/4 tsp. Water 3 Tbsp.



#### Procedure:

- 1. Preheat oven to 350°F. Cut top off garlic head to expose cloves. Place cut-side down on baking tray and drizzle with 1 tsp. of extra virgin olive oil. Bake 20-30 minutes until garlic is soft. Remove from oven and let cool enough to handle. Then, squeeze out cloves.
- 2. While garlic roasts, add onion and 1 tbsp. of extra-virgin olive oil to a medium saucepan over medium high heat. Cook, stirring frequently until onion starts to brown; reduce heat to low. Continue to stir frequently, until onion is very soft and a medium brown
- 3. Add half of garlic, caramelized onion, chickpeas, tahini, 2 tbsp. of extra-virgin olive oil, lemon juice and salt to food processor or high-power blender. Pulse until everything is combined; then add water 1 tbsp. at a time, until the hummus is a smooth, thick and spreadable consistency.
- 4. Add remaining roasted garlic and additional salt, if desired.

## Green Curry Sauce

#### Ingredients:

2 C, packed Cilantro, chopped Thai Chilies, thinly sliced 3 each Fresh Ginger, peeled and thinly sliced 2 Tbsp.

Fresh Lemongrass,

tender inner cores, thinly sliced across 2 stalks Garlic Clove, smashed 1 each Coriander, ground 1 tsp. Cumin, ground 1 tsp. Water 1 C **Unsweetened Coconut Milk** 1, 13.5 oz. can

Chicken Stock or Low-Sodium Broth 1/2 C to taste



#### Procedure:

- 1. In food processor, combine cilantro, chiles, ginger, lemongrass, garlic, coriander, cumin and water and process to a fine paste.
- 2. In medium saucepan, combine coconut milk, chicken stock and spice paste. Bring to a boil, then, simmer over moderate heat, stirring occasionally, until the sauce coats the back of a spoon, approximately 15 minutes. Season with salt.

